# MATH580 Final Project The Harnack Inequality on Complete Riemannian Manifolds of Non-Negative Ricci Curvature

Sisi Xi Shen Department of Mathematics and Statistics McGill University

December 16, 2012

#### Abstract

This report will deal with content of Yau's article, *Harmonic Functions* on Complete Riemannian Manifolds.

### 1 Introduction

We may classify open Riemann surfaces by properties of curvature by whether or not there exists a non-constant, bounded harmonic function on the surface. We will deal with higher-dimensional manifolds of non-negative Ricci curvature. Yau shows in his paper that for a complete Riemannian manifold M, with Ricci curvature bounded from below, we can find an upper bound on the absolute value of the gradient of f. In the case of harmonic functions, the constant involved in the bound is simply given by  $\sqrt{(dimM - 1)K}$ , where -K is the lower bound for the Ricci curvature of M. The inequality that Yau proves in his article can be thought of as an infinitesimal form of the Harnack inequality. We approach this result by first showing a generalized maximal principle and then using gradient estimates to achieve an upper bound, as desired.

The Harnack inequality that we have seen in class deals with functions on  $\mathbb{R}^n$  and states that for harmonic, non-negative function  $u \in C^2(\Omega)$  such that  $cl(B_R(y)) \subset \Omega$  with R > 0, and  $x \in B_R(y)$ :

$$u(x) \le \left(\frac{R}{R - |x - y|}\right)^n u(y) \tag{1}$$

What the inequality does is relate the value of u on some point in the ball centered at y with the value of u(y). Now, we wish to establish an analogue of the Harnack inequality on a manifold M with Ricci curvature bounded from below. The main result will be in showing that for all harmonic functions f bounded from below, we have

$$|\nabla f(x)| \le C(f(x) - inf_M f) \tag{2}$$

Using this, we can see that for  $x, y \in V \subset M$ ,

$$f(x) - f(y) \leq \int_{0}^{\ell} \langle \sigma'(t), \nabla f(t) \rangle dt$$
  
$$\leq \int_{0}^{\ell} |\sigma'(t)| |\nabla f(t)| dt$$
  
$$\leq \ell sup_{V} |\nabla f|$$
  
$$\leq C diam(V)(sup_{V}f - inf_{M}f)$$
  
(3)

Suppose f is non-negative on M, then the previous inequality gives us

$$sup_V f - inf_V f \le C diam(V)(sup_V f) \tag{4}$$

and hence,  $sup_V f \leq \frac{inf_V f}{1-Cdiam(V)}$  whenever diam(V) < 1/C which is clearly a form of Harnack's inequality.

Before we proceed, note that the Laplacian on a manifold with Riemannian metric  $g_{i,j}$ , is defined as

$$\Delta f = g^{i,j} D_i D_j f \tag{5}$$

where  $g^{i,j}$  is the inverse of  $g_{i,j}$  and  $D_i$  is the covariant derivative in the direction of the  $x_i$  coordinate.

## 2 A Generalized Maximal Principle

**Lemma 1.** Let M be an n-dimensional Riemannian manifold. Let  $x \in M$  be a point which can be joined to p by a minimal geodesic. Then if x is not on the cut locus of p, we have

$$\Delta \gamma(x) \le K(x) = \min_{0 \le k \le \ell} \frac{n-1}{\ell-k} - \frac{1}{(\ell-k)^2} \int_0^\ell (t-k)^2 Ric(N) dt$$
(6)

*Proof.* Let  $\sigma : [0, \ell] \to M$  be the minimal geodesic of length  $l = \gamma(x)$  from p to x, and  $J_i$  the unique Jacobi fields vanishing at  $\sigma(0)$  such that  $J_i(l) = E_i(l)$ , where  $E_1, E_2, \ldots, E_{n-1}, N = \sigma'$  form a parallel field along  $\sigma$ . Firstly, we need to show that,

$$0 = \partial_{J_i} < N, J_i > = < D_{J_i} N, J_i > - < D_{J_i} J_i, N >$$
(7)

$$\partial_N < N, J_i > = \partial_t < N, J_i >$$
  
=  $< D_N N, J_i > + < N, D_N J_i >$  (8)

Now,  $\langle D_N N, J_i \rangle = 0$ , so

Since  $\langle J_i(0), N \rangle = 0$  and  $\langle J_i(l), N \rangle = 0$  since  $J_i(l) = E_i$  which is orthogonal to N. Thus,  $\langle N, J_i \rangle$  does not change with respect to N and its second derivative is 0. This means that  $\langle N, J_i \rangle$  is identically 0 on  $[0, \ell]$ . A straightforward

computation then yields:

$$\int_{0}^{\ell} \Sigma_{i=1}^{n-1} \langle D_{N}J_{i}, D_{N}J_{i} \rangle - \langle R(N, J_{i})J_{i}, N \rangle dt$$

$$= \int_{0}^{\ell} \Sigma_{i=1}^{n-1} \langle D_{N}J_{i}, D_{N}J_{i} \rangle + \langle R(N, J_{i})N, J_{i} \rangle dt$$

$$= \int_{0}^{\ell} \Sigma_{i=1}^{n-1} \langle D_{N}J_{i}, D_{N}J_{i} \rangle + \langle D_{N}D_{N}J_{i}, J_{i} \rangle dt$$

$$= \int_{0}^{\ell} \Sigma_{i=1}^{n-1} \partial_{N} \langle D_{N}J_{i}, J_{i} \rangle dt$$

$$= \int_{0}^{\ell} \Sigma_{i=1}^{n-1} \partial_{t} \langle D_{J_{i}}N, J_{i} \rangle dt$$

$$= -\sum_{i=1}^{n-1} \langle D_{E_{i}}E_{i}, N \rangle$$

$$= -\sum_{i=1}^{n-1} \partial_{D_{E_{i}}E_{i}} \gamma$$

$$= \Delta \gamma$$

$$(10)$$

and hence, we have

$$\Delta \gamma(x) = \int_0^\ell \Sigma_{i=1}^{n-1} < D_N J_i, D_N J_i > - < R(N, J_i) J_i, N > dt$$
(11)

Now let f(t) be any piecewise smooth function defined on  $[0, \ell]$  such that f(0) = 0 and  $f(\ell) = 1$ . Using the fundamental inequality of the index form we have that

$$\int_{0}^{\ell} \Sigma_{i=1}^{n-1} < D_{N}J_{i}, D_{N}J_{i} > - < R(N, J_{i})J_{i}, N > dt 
\leq \int_{0}^{\ell} \Sigma_{i=1}^{n-1} < D_{N}f(t)E_{i}, D_{N}f(t)E_{i} > - < R(N, f(t)E_{i})f(t)E_{i}, N > dt$$
(12)

For  $0 \le k \le \ell$ , we define f to be zero for  $0 \le t \le k$  and  $(t - \ell)/(\ell - k)$  for  $t \ge k$ .

Then, we have that:

$$\begin{aligned} \Delta\gamma &\leq \int_{0}^{\ell} \Sigma_{i=1}^{n-1} < D_{N}f(t)E_{i}, D_{N}f(t)E_{i} > - < R(N, f(t)E_{i})f(t)E_{i}, N > dt \\ &\leq \int_{0}^{\ell} (\Sigma_{i=0}^{n-1}(f'(t))^{2}) - (f(t))^{2}Ric(N)dt \\ &= \int_{0}^{\ell} (n-1)(f'(t))^{2} - (f(t))^{2}Ric(N)dt \\ &= (1/(\ell-k)^{2})(\ell-k)(n-1) - (1/(\ell-k)^{2})\int_{0}^{\ell} (t-k)^{2}Ric(N)dt \\ &= (n-1)/(\ell-k) - (1/(\ell-k)^{2})\int_{0}^{\ell} (t-k)^{2}Ric(N)dt \end{aligned}$$
(13)

And since this inequality holds for all  $k \in [0, \ell]$ , it must also hold for the minimum. Thus,

$$\Delta \gamma \leq \min_{0 \leq k \leq \ell} (n-1)/(\ell-k) - (1/(\ell-k)^2) \int_0^\ell (t-k)^2 Ric(N) dt$$
  
and we have shown the result for Lemma 1.

**Corollary 1.** Let M be a complete Riemannian manifold with Ricci curvature bounded from below. Then,  $\Delta \gamma$  is bounded uniformly from above when  $\gamma \geq 1$ 

*Proof.* Suppose the Ricci curvature is bounded below by a constant R and  $\gamma(x) \ge 1$ , then

$$K(x) \le \min_{0 \le k \le \ell - 1} (n - 1) / (\ell - k) - (1 / (\ell - k)^2) \int_0^\ell (t - k)^2 R dt$$
  
=  $\min_{0 \le k \le \ell - 1} (n - 1) / (\ell - k) - (\ell - k) R / 3$   
=  $(n - 1) - R / 3$  (14)

Thus, by Lemma 1,  $\Delta \gamma(x) \leq (n-1) - R/3, \forall x \text{ such that } \gamma(x) \geq 1.$ 

Let us consider  $C^2$  function f defined on M and the graph  $\Gamma = \{(f(x), x) : x \in M\}$ .  $\Gamma$  is a closed submanifold of the product space  $\mathbb{R} \times \mathbb{M}$  with R being the real line and M the manifold. The metric defined on  $\Gamma$  is the product metric.

Now, let us fix a point  $p \in M$ . Let us define  $p_k = (k, p)$ , where  $k \in \mathbb{N}$  and let  $g_k$  be a segment of a geodesic from  $p_k$  to the graph  $\Gamma$  and so the length of  $g_k$  represents the shortest distance curve joining  $p_k$  and the graph  $\Gamma$ . Let  $(f(q_k), q_k)$  be another end point of  $g_k$  and let  $\pi(g_k)$  be the projection of  $g_k$  on M with end points p and  $q_k$ . Since  $g_k$  was a minimal geodesic, its projection  $\pi(g_k)$  is also a minimal geodesic, since we have chosen the metric to be the product metric.

**Claim 1.** The point  $q_k$  is not a conjugate point of p along  $\pi(g_k)$ .

*Proof.* If  $q_k$  were a conjugate point of p along the projected geodesic  $\pi(g_k)$ , then the point  $(f(q_k), q_k)$  would also be a conjugate point of p along  $g_k$ . Representing the arclength of  $g_k$  by  $l_k$ , for any  $\epsilon > 0$  chosen sufficiently small, there exists a sphere centered at  $g_k(l_k + \epsilon)$  with radius  $\epsilon$  which touches the graph  $\Gamma$  at a single point,  $g_k(l_k)$ . If we assumed that  $(f(q_k), q_k)$  were a conjugate point of  $p_k$  along  $g_k$ , then in a neighbourhood of  $g_k$  there would exist another geodesic, say  $g'_k$  from  $p_k$  to  $g_k(l_k + \epsilon)$  of length  $< l_k + \epsilon$ . However, now if you let  $q'_k$  be the point of intersection of  $\Gamma$  and  $g'_k$ , then the distance from  $p_k$  to  $q'_k$  is  $< l_k$ , contradicting the fact that  $g_k$  was a minimal geodesic segment.

Call the neighbourhood of the geodesic  $\pi(g_k)$   $N_k$  such that  $\pi(g_k)$  is the unique minimal geodesic in  $N_k$  which joins p and  $g_k$ . Let  $\gamma_k$  represent the distance function on  $N_k$  that is smooth at x, since p and  $q_k$  are not conjugate points. Let us, for now, shift f such that f(p) = 0 and define:

$$F_k(x) = k - \sqrt{l_k^2 - \gamma_k^2} \tag{15}$$

The squared distance from (f(p), p) to (k, p) is given by  $k^2$  since f(p) = 0. Then, we have that

$$(k - f(q_k))^2 + \gamma_k (q_k)^2 \le k^2$$
(16)

Furthermore, again since  $(q_k, f(q_k))$  is the closest point from  $p_k$  to  $\Gamma$ , for any  $x \in M$ .

$$l_k^2 \le (k - f(x))^2 + \gamma_k(x)^2 \tag{17}$$

By the latter inequality and rearranging its terms, we see that  $f(x) \leq F_k(x)$ and at  $x = q_k$ , we have that  $f(q_k) = F_k(q_k)$  since

$$F_k(q_k) = k - \sqrt{l_k^2 - \gamma_k(q_k)^2}$$
  

$$\leq k - \sqrt{(k - f(q_k)^2)}$$
  

$$= f(q_k)$$
(18)

Thus,  $q_k$  is a local minimum for the function  $F_k(x) - f(x)$  since  $0 \le F_k(x) - f(x)$  $\forall x$  and equality holds at  $x = q_k$ . Thus, the Laplacian at  $F_k(x) - f(x)$  at  $x = q_k$  should be greater than or equal to 0 since it is a local minimum.

$$\Delta(F_k(x) - f(x)) \ge 0$$

$$\Delta f(q_k) \le \Delta F_k(q_k)$$

$$= \Delta(k - \sqrt{l_k^2 - \gamma_k^2})$$

$$= \frac{\Delta \gamma_k^2(q_k)}{2(k - f(q_k))} + \frac{\nabla \gamma^2 \nabla \gamma^2(q_k)}{4(k - f(q_k)^3)}$$

$$\le \frac{\gamma_k(q_k) \Delta \gamma_k(q_k)}{k - f(q_k)} + \frac{1}{k - f(q_k)} + \frac{(\gamma_k(q_k)^2}{(k - f(q_k)^3)}$$
(19)

By the result of Lemma 1, we can replace  $\Delta \gamma_k(q_k)$  by  $K(q_k)$  with an inequality to get:

$$\Delta f(q_k) \le \frac{\gamma_k(q_k)K(q_k)}{k - f(q_k)} + \frac{1}{k - f(q_k)} + \frac{(\gamma_k(q_k)^2}{(k - f(q_k)^3)}$$
(20)

We also have that since f(p) = 0,  $f(q_k) \ge 0 = f(p)$ . A straightforward computation then gives that

$$\Delta f(q_k) \le (K(q_n) + \frac{1}{\gamma(q_k)}) (\frac{2f(q_k)}{\gamma(q_k)(1 - f(q_k)/k)} + \frac{1}{\gamma(q_k)} (\frac{2f(q_k)}{\gamma(q_k)(1 - f(q_k)/k)})^3$$
(21)

Suppose function f satisfies,

$$limsup_{\gamma(x)\to\infty}\frac{f(x)-f(p)}{\gamma(x)}<\infty \tag{22}$$

Then, we may find an appropriate scale factor a such that

$$\sup_{\gamma(x) \ge \delta} \frac{a(f(x) - f(p))}{\gamma(x)} < \epsilon$$
(23)

where  $\delta = liminf_{k\to\infty}\gamma(q_k)$  which exists unless  $\gamma(q_k) = 0 \forall k$ . Letting  $d_k = f(q_k)/\gamma(q_k)$ , choosing a small enough and taking  $\epsilon \leq 1/6$ , we get:

$$\begin{aligned} \Delta af(q_k) &\leq (K(q_n) + \frac{1}{\gamma(q_k)}) (\frac{2af(q_k)}{\gamma(q_k)(1 - af(q_k)/k)}) + \frac{1}{\gamma(q_k)} (\frac{2af(q_k)}{\gamma(q_k)(1 - af(q_k)/k)})^3 \\ \Delta f(q_k) &= (K(q_n) + \frac{1}{\gamma(q_k)}) (\frac{2f(q_k)}{\gamma(q_k)(1 - af(q_k)/k)}) + \frac{1}{\gamma(q_k)} (\frac{2f(q_k)}{\gamma(q_k)(1 - af(q_k)/k)})^3 \\ &\leq (K + 1/\gamma) (\frac{2}{1 - af}) d_k + \frac{a^2}{\gamma} d_k \frac{f^2}{\gamma^2} (\frac{2}{1 - af})^3 \\ &\leq (K + 1/\gamma + \frac{4}{\gamma} \epsilon^2 (1 - \epsilon)^{-2}) (2d_k (1 - \epsilon)^{-1}) \\ &\leq (K + \frac{1 + \epsilon}{\gamma}) (\frac{2d_k}{1 - \epsilon}) \end{aligned}$$
(24)

Observe that since  $q_k$  is a local minimum of the function  $F_k(x) - f(x)$ ,  $\nabla f(q_k) = \nabla F_k(q_k)$ , we get

$$|\nabla f(q_k)| = |\nabla F_k(q_k)| = \frac{\gamma(q_k)}{a(k - af(q_k))}$$
  
$$\leq 2d_k \frac{1}{a(1 - af(q_k)/k)}$$
  
$$\leq \frac{2d_k}{a(1 - \epsilon)}$$
(25)

**Claim 2.** For all  $x \in M$ , for all  $\delta > 0$ , there exists a point  $q_k$  in our sequence such that  $f(q_k) \ge f(x) - \delta$ .

*Proof.* Let us assume that there exists  $\delta > 0$  such that

$$f(x) > limsup_{k \to \infty} f(q_k) + \delta \tag{26}$$

Then, for any k sufficiently large,

$$\delta(2k - f(x) - f(q_k)) + \gamma(q_k)^2 - \gamma(x)^2 > 0$$

$$(f(x) - f(q_k))(2k - f(x) - f(q_k)) + \gamma(q_k)^2 - \gamma(x)^2 > 0$$

$$2f(x)k - f(x)^2 - f(x)f(q_k) - 2f(q_k)k + f(x)f(q_k) + f(q_k)^2 + \gamma(q_k)^2 - \gamma(x)^2 > 0$$

$$(k - f(x))^2 + \gamma(x)^2 < (k - f(q_k))^2 + \gamma(q_k)^2$$

$$(27)$$

This, however, contradicts the choice of  $q_k$  as having minimized the quantity on the right-hand side which equals to  $l_k^2$ .

If there exist infinitely many values of  $\gamma(q_k)$  such that  $\gamma(q_k) \leq 1$ , then on this compact set, f must attain its supremum at one of the limit points of the  $q_k$ . Thus, we have proven the following theorem.

**Theorem 1.** Let f be a  $C^2$ -function defined on a complete Riemannian manifold. Suppose

$$limsup_{\gamma(x)\to\infty}\frac{f(x) - f(p)}{\gamma(x)} < \infty$$
(28)

Then either f attains its supremum at some point with  $\gamma(x) \leq 1$  or, for all  $\epsilon \in (0,1)$ , we can find a sequence  $\{q_k\}$  in M such that  $\gamma(q_k) \geq 1$  and the following hold, where  $d_k = (f(q_k) - f(p))/\gamma(q_k)$ .

$$\lim_{k \to \infty} f(q_k) = \sup f$$

$$|\Delta f(q_k)| \le \frac{2d_k}{a(1-\epsilon)}$$

$$\Delta f(q_k) \le (K(q_k) + \frac{1+\epsilon}{\gamma(q_k)}) \frac{2d_k}{1-\epsilon}$$
(29)

Corollary 2. Suppose in Theorem 1

$$limsup_{\gamma(x)\to\infty}\frac{f(x)-f(p)}{\gamma(x)} \le 0$$

$$limsup_{\gamma(x)\to\infty,f(x)\ge f(p)}\frac{K(x)(f(x)-f(p))}{\gamma(x)} = 0$$
(30)

Then, there are points  $\{q_k\} \subset M$  such that  $\lim_{k\to\infty} f(q_k) = \sup f$ ,  $\lim_{k\to\infty} \nabla f(q_k) = 0$  and  $\lim_{k\to\infty} \Delta f(q_k) \leq 0$ .

*Proof.* Suppose  $\lim \sup_{k\to\infty} \gamma(q_k) = \infty$ . Then, Corollary 2 follows by taking the limsup of both sides of the inequalities in Theorem 1. Otherwise, f(x) attains its supremum at some point q'. In this case, we may simply choose p = q' and the inequalities hold.

Let  $X : M \to \mathbb{R}^N$  be a proper isometric immersion of a complete Riemannian manifold into some Euclidean space of dimension N. Let the distance function be given simply by the Euclidean distance function restricted to M that is,  $\gamma(x) = ||X(x) - X(p)||.$ 

Claim 3. Let H represent the mean curvature vector of M, then

$$\begin{aligned} |\nabla \gamma| &\leq 1\\ \gamma \Delta \gamma + |\nabla \gamma|^2 &= n + n < H, X(x) - X(p) > \end{aligned}$$
(31)

*Proof.* Using the fact that  $Hn = \sum_{i,j} g^{i,j} \Delta_i \Delta_j X$  and that  $\langle D_i X(x), D_j X(x) \rangle$  is the first fundamental form and thus given by  $g_{i,j}$ , where the product of  $\sum_{i,j} g^{i,j} g_{i,j} = trace(I_n)$ , we have

$$\begin{aligned} \Delta(\gamma^2) &= 2\gamma \Delta(\gamma) + 2(\nabla \gamma)^2 \\ &= 2\gamma \Delta(\gamma) + 2(\nabla \gamma)^2 \\ &= \Delta(\langle X(x) - X(p), X(x) - X(p) \rangle) \\ &= \sum_{i,j} g^{i,j} D_i D_j (\langle X(x) - X(p), X(x) - X(p) \rangle) \\ &= 2\sum_{i,j} g^{i,j} D_i < D_j X(x), X(x) - X(p) \rangle \\ &= 2\sum_{i,j} g^{i,j} (\langle D_i D_j X(x), X(x) - X(p) \rangle + \langle D_j X(x), D_i X(x) \rangle) \\ &= 2\sum_{i,j} g^{i,j} < D_i D_j X(x), X(x) - X(p) \rangle + 2g_{i,j} \\ &= 2 < Hn, X(x) - X(p) \rangle + 2n \end{aligned}$$
(32)

Now, let f be any  $C^2 - function$  which is bounded from above on M. Let us define, for all k > 0,

$$g(x) = \frac{f(x) - f(p) + 1}{[log(\gamma^2(x) + 2)]^k}$$
(33)

It is clear that  $g(p) = 1/(\log 2)^k$  and that the limit of g(x) as  $\gamma(x) \to \infty$  is 0. Thus, g must attain its supremum at some point  $x_k \in M$ . So,

$$g(x_k) = supg(x)$$
  

$$\nabla g(x_k) = 0$$
  

$$\Delta g(x_k) \le 0$$
(34)

A straightforward computation, that can be found in Yau's original article, shows the above.

**Theorem 2.** Let M be a complete, properly immersed submanifold of some Euclidean space. Let f be any  $C^2$ -function which is bounded above on M. Then there exists a sequence of points  $\{x_k\}$  in M such that

lin

$$nsup_{k\to\infty}f(x_k) = supf$$

$$|\nabla f| \leq \frac{2(f(x_k) - f(p) + 1)\gamma(x_k)}{k(\gamma^2(x_k) + 2)log(\gamma^2(x_k) + 2)}$$

$$\Delta f(x_k) \leq \frac{2n(f(x_k) - f(p) + 1)}{k(\gamma^2(x_k) + 2)log(\gamma^2(x_k) + 2)} [1 + \langle H, X(x_k) - X(p) \rangle]$$

$$- \frac{4\gamma^2(f(x_k) - f(p) + 1)}{k(\gamma^2(x_k) + 2)log(\gamma^2(x_k) + 2)}$$
(35)

# 3 Gradient Estimates of Partial Differential Equations on a Riemannian Manifold

In this section, we will state results from Yau's article which were obtained by applying Corollary 2 on the function

$$g(x) = -\frac{f(x) + b - inff}{\sqrt{|\nabla f|^2 + a}}$$
(36)

where a and b are small positive constants. This allows us to obtain a negative upper bound, -C, on the supremum of g which then yields the following theorems.

**Theorem 3.** Let M be a complete Riemannian manifold with Ricci curvature bounded from below by a constant -K. Let f be a  $C^2$ -function bounded from below on M such that, for positive constants  $C_i$ ,

$$|\Delta f| \le C_i |\Delta f| + C_2(f - inff) + C_3$$
  
$$|\nabla(\Delta f)| \le C_4 \sqrt{\sum_{i,j} f_{i,j}^2} + C_5 |\nabla f| + C_6(f - inff) + C_7$$
(37)

Then, for any constant b such that  $b+\inf f > 0$ , there exists a constant C that depends only on b, K, dimM, and the  $C_i$  such that

$$|\nabla f| \le C(f - inff) \tag{38}$$

From the above theorem, we see that for harmonic functions, the  $C_i$  are all zero and we have the following theorem. In particular, this gives us the result we discussed in the introduction.

**Theorem 4.** Let M be an n-dimensional complete Riemannian manifold with Ricci curvature bounded from below by -K. Let f be a harmonic function bounded from below on M. Then,

$$|\Delta f| \le \sqrt{(n-1)K}(f - inff) \tag{39}$$

**Corollary 3.** Let M be a complete Riemannian manifold with non-negative Ricci curvature. Then every positive harmonic function on M is a constant.

**Corollary 4.** Let B be the open unit ball in an n-dimensional Euclidean space. Let f be a harmonic function which is bounded from below on B. Then there is a constant C, depending only on n, such

$$|\nabla f|(x) \le \frac{C(f(x) - inff)}{1 - |x|^2} \tag{40}$$

**Corollary 5.** Let M be a complete Riemannian manifold with Ricci curvature bounded from below. Let H be a smooth function defied on M such that both -H- and  $|\nabla H|$  are uniformly bounded. If the equation  $\Delta f = Hf$  has a smooth positive solution, then, for any sequence of domains  $\{D_i\}$  of M with smooth boundaries  $\{\partial D_i\}$  and  $\lim_{i\to\infty} (Vol(D_i)/Vol(\partial D_i)) = \infty$ , we have

$$\lim_{i \to \infty} \frac{1}{Vol(D_i)} \int_{D_i} H \ge 0 \tag{41}$$